



Canadian Athletic Club

2020 Alberta Cup Prep Camp March 21 to March 25

Hosted by CAC BAAA Head Coach Lee Zalasky and Coaches from the CAC Midget AAA Team

All sessions will be at CAC Arena

This camp will help prepare your player for their Alberta Cup Selection Camp. The program is designed to have your player mental and physically prepared to play their best hockey for the tryout.

- 5 skate times
- Small group drills, Individual/Team Tactical Elements, Small Area Games
- Limited to 16 forwards, 10 defensemen and 4 goalies

Cost is \$200.00 per player

March 21	6:30 pm to 8:00 pm	1.5 hours
March 22	2:15 pm to 3:45 PM	1.5 hours
March 23	7:00 pm to 8:15 pm	1.25 hours
March 24	7:00 pm to 8:15 pm	1.25 hours
March 25	6:45 pm to 8:00 pm	1.25 hours

Total of 7.25 hours



TO REGISTER PLEASE FILL OUT THE INFORMATION BELOW AND RETURN COMPLETED FORM TO

Glenn Rossmann
hockeyprogram@cac-hockey.com

Player Name _____
Position _____

(VISA OR MASTERCARD ONLY) Credit Card

Expiry Date _____ CVV # _____ Name on
Card _____

Charge will appear as” Canadian Athletic Club “RECIEPT WILL BE PROVIDED AT FIRST SKATE

You will receive email confirmation of registration completion and acceptance