

CAC U15AAA Pyramid



Compete

Culture

Compete:

Give 100% in everything you do whether it is practice, dryland, video, or games. Lay everything on the line "SACRIFICE/GRIT"

Accountability:

Taking ownership in everything that you do as an athlete and teammate. But also holding teammates

Culture:

Creating a safe environment where everyone gets along and respects each other, with everyone becoming a FAMILY.

Accountability